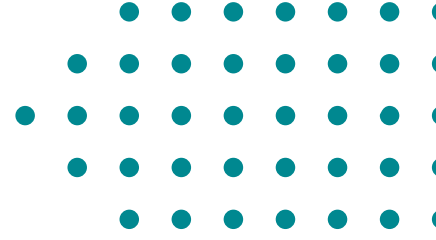


2023 JULY



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
<p>3</p> <p>Morning tea</p> <p>Light exercises</p> <p>ENTERTAINMENT By Matthew Vrins</p> <p>Lunch at Vikings Lanyon</p> <p>Scenic Drive Home</p>	<p>4</p> <p>Morning tea</p> <p>Light exercises</p> <p>Bocce</p> <p>Lunch at Day Club</p> <p>Games afternoon</p>	<p>5</p> <p>Morning tea</p> <p>Light exercises</p> <p>Chocolate Pong & Hang Man</p> <p>Queanbeyan Golf Club for lunch</p>	<p>6</p> <p>Morning tea</p> <p>Entertainment By Bev & Gary</p> <p>Lunch at Day Club</p> <p>Games afternoon</p>	<p>7</p> <p>World Chocolate Day</p> <p>Morning tea</p> <p>Light exercises</p> <p>Chocolate Pong and Bean Bag Gol</p> <p>Lunch at Raiders Weston</p> <p>Scenic Drive Home</p>	8	9
<p>10</p> <p>Teddy Bear Picnic Day</p> <p>Morning tea</p> <p>Light exercises</p> <p>Quiots & Word games</p> <p>Lunch at Day Club</p> <p>Karaoke Sing those old- time songs or Scenic Drive</p>	<p>11</p> <p>Morning tea</p> <p>Visit the Royal Australian Mint</p> <p>Deakin Soccer Club for Lunch</p> <p>Scenic drive home</p>	<p>12</p> <p>Morning tea</p> <p>Light exercises</p> <p>Bean Bag Golf</p> <p>Lunch at Day Club</p> <p>Movie afternoon</p>	<p>13</p> <p>Morning tea</p> <p>Bunnings coming to Day Club for Mosaic craft</p> <p>Lunch at Day Club</p> <p>Name that tune or Scenic Drive</p>	<p>14</p> <p>Morning tea</p> <p>Bastille Day</p> <p>Entertainment By The Heritage Community Singing Regional Tour</p> <p>Lunch at Day Club</p> <p>Games afternoon</p>	15	16
<p>24</p> <p>Morning tea Light exercises</p> <p>Finska</p> <p>Lunch at Day Club</p> <p>Games afternoon</p>	<p>25</p> <p>Morning tea</p> <p>Light exercises</p> <p>Bullseye bounce and Trivia</p> <p>Queanbeyan Golf Club for lunch</p> <p>Scenic drive home</p>	<p>26</p> <p>Morning tea</p> <p>Light exercises</p> <p>Balloon Tennis & Word Games</p> <p>Ainslie Café for lunch</p> <p>Scenic Drive home</p>	<p>27</p> <p>Morning tea</p> <p>Light Exercises</p> <p>Visit the Royal Australian Mint</p> <p>Deakin Soccer Club for Lunch</p> <p>Scenic Drive home</p>	<p>28</p> <p>Morning tea</p> <p>Light exercises</p> <p>ENTERTAINMENT By Matthew Vrins</p> <p>Lunch at Day Club</p> <p>Bingo</p>	29	30
<p>17</p> <p>Morning tea Light exercises</p> <p>Bocce</p> <p>Calwell Club for lunch</p> <p>Scenic Drive Home</p>	<p>18</p> <p>Christmas in July</p> <p>Monash café activities room</p> <p>BEV AND GARY TO PERFORM</p>	<p>19</p> <p>Morning tea</p> <p>Light exercises</p> <p>Ramp Golf</p> <p>Lunch at Day Club</p> <p>Name that tune</p>	<p>20</p> <p>Morning tea</p> <p>Light exercises</p> <p>Bocce</p> <p>Lanyon Vikings for lunch</p> <p>Scenic Drive home</p>	<p>21</p> <p>Morning tea</p> <p>Visit the Royal Australian Mint</p> <p>Deakin Soccer Club for Lunch</p> <p>Scenic Drive home</p>	22	23
<p>31</p> <p>Morning tea</p> <p>Light exercises</p> <p>Balloon Tennis & Word Games</p> <p>Lunch at Day Club</p> <p>Name that tune</p>						